



# Sacred Heart International School

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# ELIXIR

The Flow of Magical Writing

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# Editorial

## The Power of Failure: Embracing Mistakes as Stepping Stones

"Failure is simply the opportunity to begin again, this time more intelligently."

- Henry Ford

In a world obsessed with success and achievement, failure is often seen as something to avoid, fear, or hide. Yet, failure is not the opposite of success-it is an essential part of the journey toward it. The power of failure lies not in the fall itself, but in how we rise, learn, and grow from it.

Failure challenges us. It tests our resilience, determination, and character. It forces us to confront our limitations, rethink our strategies, and find new paths forward. Those who have achieved greatness-from inventors to leaders, artists to athletes-will tell you that their failures were not setbacks, but stepping stones paving the way to success.

Unlike instant success, which can be fragile and fleeting, failure builds strength and wisdom. It teaches humility and patience. It encourages creative thinking and problem-solving. Most importantly, it fosters courage-the courage to try again, even when the outcome is uncertain.

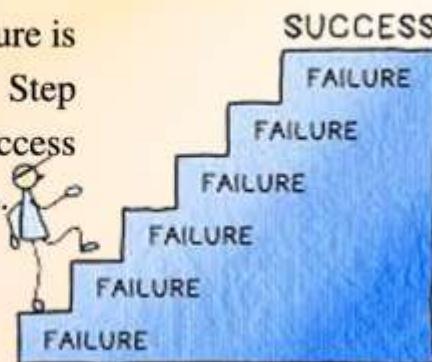
Psychologists affirm that individuals who embrace failure as part of learning tend to be more motivated, adaptable, and confident. They understand that every mistake carries valuable lessons and that giving up is the only true failure.

If we look closely, failure is not a dead end, but a doorway-one that opens to new insights, opportunities, and growth. It is the grit behind persistence and the foundation of achievement.

In life, failure will come-not as a warning but as a teacher. How we respond defines who we become. When we choose to embrace failure, we choose courage over comfort, learning over fear, and progress over stagnation.

So, the next time you stumble, remember this: failure is not the enemy of success but its most powerful ally. Step forward, learn deeply, and keep moving. Your greatest success might just be waiting on the other side of your next failure.

*Mrs. Shamya  
Department of English*



## Character Education - The Foundation of True Learning

“Intelligence plus character - that is the true goal of education.”

- *Martin Luther King Jr.*

### **From the Desk of the Moral Science Department**

Education is not complete without the shaping of the heart. True learning goes beyond academics; it nurtures virtues that reflect integrity, compassion, and faith. The Bible reminds us, “Above all else, guard your heart, for everything you do flows from it.”

Character education empowers students to walk in truth, humility, and righteousness. Knowledge equips us to act, but godly character gives us the wisdom to act rightly. The Bible teaches us: “Act justly, love mercy, and walk humbly with your God.”

In an international school environment, where diverse cultures and beliefs converge, moral and spiritual formation becomes essential. Students learn to respect one another, embrace peace over pride, and recognize that true virtue flows from God as it is said in the Bible, “Let your light so shine before others, that they may see your good deeds and glorify your Father in heaven.”

A proverb wisely says, “If there is light in the soul, there will be beauty in the person.” When our learners walk in that light - guided by love, faith, and discipline - they become not only achievers but also beacons of goodness in the world.

As educators, our calling is to instill values that endure. When a child’s character is anchored in spiritual principles, knowledge is applied wisely, success is purposeful, and life is meaningful. Let us continue to inspire our students to be individuals of wisdom, faith, and virtue - for character is the true measure of education.

*Mrs. Ida Ebi Joseph  
Department of Moral Science*

# The Amazing Mudskipper: A Fish That Walks



Imagine a fish that walks, jumps, and lives on land. It sounds like something from a cartoon, right? But it's absolutely real! The mudskipper (Oxudercinae) is one of nature's most fascinating creatures. Mudskippers are a type of fish found in tropical mangroves and mudflats across Africa, Asia, and Australia. Unlike most fish, mudskippers can survive both in water and on land. They belong to the goby family and are known for their bulging eyes, muscular pectoral fins, and playful hopping movements.

Mudskippers don't have legs, but their strong front fins act like limbs, helping them "skip" or "walk" across muddy surfaces. They use a combination of body wriggling and fin-pushing to move around, imagine a fish doing push-ups while bouncing forward! This ability allows them to escape predators, hunt for food on land like insects and small crabs and to find mates and protect territory.

One of the most fascinating features of mudskippers is how they breathe. They are adapted to breathe through their skin and the lining of their mouth and throat as long as they stay moist. They also retain water in their gill chambers, letting them extract oxygen from it while on land. It's a clever system, and one that lets them spend up to several hours out of water!

Mudskippers are more than just walking fish, they are also excellent diggers! They create deep burrows in the mud, which provide shelter from predators, keep them moist during dry spells and help with reproduction. Females lay eggs inside the burrows. Mudskippers have eyes that sit on top of their heads and can move independently, giving them a 360-degree view just like a chameleon!

Mudskippers may look funny, but they play an important role in the ecosystem. They stir up mud, recycle nutrients, and serve as a key food source for birds and other predators. They help scientists understand how animals adapt and evolve in extreme environments.

*Mrs. Sajita D.S  
Department of Science*

# Sudoku

				8				
4					1	5		3
					4		5	1
	4						1	2
			6			2		
3	2							9
6	9	3		5			8	7
	5		4	8				1
					3			

J Johanah  
IX-Ruby

## Facts About English

1. The longest word in the English language has 189,819 letters.
2. More than 800 words are added to the English dictionary every year.
3. 'E' is the most common letter in the English language.
4. English is the official language of 67 countries.
5. The sentence "The quick brown fox jumps over the lazy dog" uses every letter of English alphabet.
6. According to Oxford English Dictionary, the word 'set' has over 430 different definitions, making it the word with the most definitions in English language.

Jeffy Sefina J  
IX-Sapphire

# If You Want to

If you want to admire,  
Admire God's creation

If you want to kill,  
Kill your pride ...

If you want to give  
Give justice to Every one

If you want to win,  
Win the heart of others...

If you want enjoy,  
Enjoy the moments of life.

Do think,  
about the good of mankind.

If you want to control,  
Control your Desires.

If you want to praise,  
Praise the creator...

Harshitha  
X-Ruby

# Grandpa's Lost Treasure



When I was venturing into the deep forest, I saw a strong man who looked at least forty years of age. He was cutting wood from a restricted zone. As I went closer to him, he was panicked and ran as fast as he could. I ran after him but he was faster than me. I looked on the ground only to find a wooden ball which had the phrase “use it wisely” written on it. I was curious and confused, I thought it was something valuable and I took it back home. When I reached home, my parents saw the wooden ball and told me that it belonged to my grandfather and he knew more about it. I met him the same day and he told everything he knew about it. He told me that it was a magical ball given to him by some righteous saint, and that he lost it before a few years. He also said that it could grant two wishes. I asked him why was it two wishes instead of the normal three wishes. He said that he used one of the wishes to become rich. I decided to use the other two wishes after a few days, and he asked me to ‘use it wisely’. Later that night I thought about it and came to a conclusion that I would use one of it to have the power to teleport to wherever and whenever I want and the second to make the world a better place for living. And hoping that I can live happily thereafter.

*Anith S.B Sharon  
IX-Ruby*

Which are the four consecutive prime numbers that get 2020 when added up?

What is the smallest whole number that is equal to 7 times the sum of its digits?

I add five to 9 and get 2.  
But how?

How can you take 2 from 5 and still have 4?

If a father has 8 sons and each son has a sister. How many children does he have?

Write down the next number in pattern  
2, 3, 5, 8, 13 ...

# MATH Riddles

A man dies of old age on his 25th birthday. How is this possible?

If four men can make four chairs in four hours then how many chairs can be made by 8 men in 8 hours?

Bees love geometry. What's their favourite figure?

Ann Angeleena P  
VIII-Ruby

# *A Gentle Light in Sacred Heart School*

*Poem*

Within these walls, where kindness resides,  
A gentle light in young heart hides.  
Not just lessons, but spirits take flight  
Guided by warmth, and future bright.



Each helping hand, a silent art,  
Planting seeds of a thoughtful heart.  
Through shared laughter and lessons learned deep,  
Bond of belonging, secrets they keep.

For in this heaven, safe and serene,  
Every young soul feels truly seen.  
A place of growth, where dreams gently gloom,  
Chasing away any hint of gloom.

So let this story, soft and true,  
Whisper the heart of all we do.  
A nurturing space, where spirits align  
A gentle light in sacred Heart International School, truly divine.

*Sherlin I  
VIII-Topaz*

# Lonely Deer

Poem

In the quiet woods, amidst the trees  
A lonely deer roams as he pleases  
With graceful strides he wanders free,  
But no one's around for company.

His antlers are tall, his coat so brown  
His look for friends, but none are found  
He grazes on the grassy floor  
And hope to see some friends once more.

No other deer to call his own,  
But time goes by, he is alone,  
Helping to find some friends to play.  
He wanders on day after day.

And still no other deer appear  
The sun sets slow, the night is near  
He curls up tight beneath a tree  
And wonders why he's so lonely.



Abid Samuel S.S  
VII-Sapphire



# 7 Tricky Riddles

1. What has a neck but no head?
2. What comes down but never goes up?
3. I am an odd number. Take away a letter and I become even.  
What number am I?
4. Which fish costs the most?
5. What goes up, but never comes down?
6. A cowboy rode into a town on Friday. He stayed for three nights and rode out on Friday. How is this possible?
7. David's father has three sons:

Snap, Crackle and \_\_\_\_\_?

## Answer

1. A bottle
2. Rain
3. Seven
4. Gold fish
5. Age
6. His horse name is Friday
7. David

*Jason Stanfer J.P  
VI-Topaz*

## Benny's Happy Adventure

Once upon a time, in a green meadow, lived a little rabbit named Benny. Benny loved to hop around and explore. One day Benny found a yummy carrot. He ate it up and felt happy. Benny made friendship with a bird named Sam. They played together every day.

Benny and Sam had many fun adventures in the meadow. They went for a picnic. They brought carrots and seeds. They sat on a hill and ate. Benny saw a butterfly. Look, Sam! he said. Sam looked up and saw it too. They watched the butterfly flew around. They had fun together. They played and laughed. They were happy friends.

*Akshara Sakshi K  
III-Ruby*



I like nature, nature is everywhere,  
Everything that lives and grows in nature,  
I wonder how you are so beautiful  
With green trees and yellow flowers  
Raindrops fall, on the leaves.  
The grass is so green and everything is so clean.  
Nature is powerful.  
It surrounds us.

# Nature

Stannis S  
V-Sapphire



## The Two Cats and a Monkey

Once upon a time there were two cats. They were good friends. They got a piece of bread. While sharing, they made big and small pieces. So they began to fight for the bigger piece. A monkey happened to see them fighting and he said "I will share it equally". He bit the bigger piece to make it equal. Again it bit the other bigger piece to make it equal. Bit by bit he ate the whole bread and went away happily. The poor cats lost the bread.

**Moral :** We must learn to share what we have.

Renzo Jeff R  
IV-Jade



# Facts About Space



1. Venus is the hottest planet in our Solar System.
2. Mars has the largest volcano in the Solar System.
3. You could float on Saturn.
4. A year on Venus is shorter than a day.
5. The Moon changes its shape.
6. You cannot stand on Uranus.
7. Jupiter's largest moon has a salty Ocean.
8. One million Earth could fit inside the Sun.
9. Neptune has the fastest wind speeds.
10. Uranus is the coldest planet in the Solar System.
11. Venus is the brightest planet.
12. Space is considered to be very silent.
13. The Moon's gravity is only one-sixth of Earth's.
14. The sunsets on Mars are blue.
15. The Moon turns red during a lunar eclipse.

*Linsikha Rex B.S  
IX-Topaz*

# Our Earth

Poem

Our earth is blue and green and bright,  
A spinning ball of life and light.  
With oceans deep and sky so wide,  
And forests where wild creatures hide.

Let's care for Earth with all our might  
Pick up trash and do what's right.  
Our Earth is home, both big and small,  
Let's love and share it with us all.

Ayden Tom Sathya  
VI-Topaz

Facts

1. A crocodile cannot stick its tongue out.



2. A shrimp's heart is in its head.



3. It is physically impossible for pigs to look up into the sky.



4. Like finger prints, everyone's tongue print is different.



5. There are 293 ways to make change for one dollar.



Geolin Shernika G  
III-Ruby



John Lifani. J  
X-Jade

SOME  
PEOPLE  
are like  
CLOUDS  
WHEN they  
DISAPPEAR  
it's a brighter  
DAY

Scoopy Doo  
A Cartoon  
Character!!!



B.A Avantieka  
I-Jade

